



Wellness Retreat

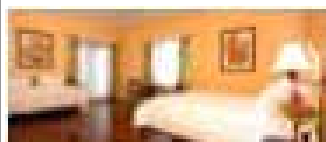
fully escorted | Big Island of Hawaii

Enjoy the spirit of Polynesia in the most spectacular venue on the The Big Island of Hawaii with Yoga Teacher [Lisa Lalita Turner](#).

Lisa, a highly experienced teacher, leads annual Wellness Holidays around the world. Join her as we practice yoga and meditation daily, enjoy organic cuisine, experience traditional massage and absorb the magic and healing of Hawaii.

Come to know yourself in this land of peace-giving stones and legend, focusing your mind so you can manifest your dreams.

Hawaii Island Retreat's eco boutique hotel and spa is a place of intentional peacefulness, set among towering evergreens and ocean breezes along Hawaii Island's North Kohala coast. Designed for harmony and balance with nature, you can relax and unwind on 50 acres of gardens, wild groves and ancient valley trails.



9 days / 8 nights ♦ **Big Island of Hawaii** ♦ 1 to 9 October 2015



DAY 1 THURSDAY 01 OCT 2015

Depart Australia and arrive big island of Hawaii.
On arrival transfer to retreat. Afternoon free.
Overnight Hawaii Island Retreat
Ahu pohaku ho'omaluhia

DAY 2 FRIDAY 02 OCTOBER 2015

Yoga breakfast
Overnight Hawaii Island Retreat

DAY 3 SATURDAY 03 OCTOBER 2015

Yoga breakfast
Overnight Hawaii Island Retreat

DAY 4 SUNDAY 04 OCTOBER 2015

Yoga breakfast
Overnight Hawaii Island Retreat

DAY 5 MONDAY 05 OCTOBER 2015

Yoga breakfast
Overnight Hawaii Island Retreat

DAY 6 TUESDAY 06 OCTOBER 2015

Yoga breakfast
Overnight Hawaii Island Retreat

DAY 7 WEDNESDAY 07 OCTOBER 2015

Yoga breakfast
Overnight Hotel Waikiki

DAY 8 THURSDAY 08 OCTOBER 2015

Yoga breakfast
Day at leisure for shopping, surfing or sightseeing
Overnight Hotel Waikiki

DAY 9 FRIDAY 09 OCTOBER 2015

Depart to Australia

YURTS



The yurts have two single beds or one king, and a private toilet and sink. The indoor and outdoor shower options and the spa locker rooms are nearby for showers.

HOTEL ROOMS



All rooms have private balconies and chairs, and overlook the fragrant garden as well as ocean, valley, or garden views.

TOUR PRICE - LAND ONLY 9 days / 8 nights

Group Accommodation (per person):

Single Yurt \$3,600	Double Yurt \$2,690
Single Hotel \$4,320	Double Hotel \$3,180

INCLUSIONS

- 6 nights at Hawaiian Island Retreat
- All meals at Hawaiian Island Retreat
- Daily yoga
- Kohala Legends and Lore walking tours
- A Lomilomi massage
- 2 nights Waikiki hotel
- Luau farewell dinner
- Fully escorted

EXCLUSIONS

- Airfares & taxes
- US Visa waiver
- Any personal expenses such as tips, laundry, telephone calls, drinks etc
- Travel insurance
- Liability for change in itinerary due to reasons beyond our control, like change in schedule, cancellation of flights, political disturbances, natural phenomenon etc
- Any other item not mentioned in tour inclusions
- Excess baggage
- Vaccinations and other health requirements

IMPORTANT NOTES

The above costs are calculated on the basis of currently applicable tariffs. In the event of any change, our prices will be subject to change. Please refer to our terms and conditions at www.jhtours.com.au