

# Shanghai | Yoga & Shopping

10 days / 9 nights | 14 to 23 Sept 2019



*Yellow Mountain*

*Recapture your spark and reawaken your inner self through the ancient healing arts of yoga and meditation.*

*Enjoy the countryside, travelling by high-speed train to Yellow Mountain*

*Indulge and unwind in beautiful Shanghai,*

*...and enjoy the beneficial effects of a little Retail Therapy!*

*This wellness holiday is good for both body and soul.*

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## Itinerary at a glance | 10 days. 9 nights

### DAY 1: Sat 14 Sep

Local tour guide will meet you in the airport and take you to the hotel check-in. Overnight: Shanghai

### DAY 2: Sun 15 Sep

Shanghai – Transport afternoon  
Overnight: Shanghai B,L

### DAY 3: Mon 16 Sep - Shanghai - Huangshan

After breakfast take high-speed train to Yellow Mountain G1509. On arrival, check in Pig Heaven Inn or similar BL

### DAY 4: Tue 17 Sep - Huangshan

After breakfast take cable car to visit Yellow Mountain.  
Overnight: Pig Heaven Inn or the same level B,L

### DAY 5: Wed 18 Sep Huangshan

Yoga in the morning in the hotel then visit Hongcun.  
Overnight: Pig Heaven Inn or the same level B,L

### DAY 6: Thu 19 Sep - Huangshan

Yoga in the morning then visit Xiu Li & Shou Zhuo Garden.  
Overnight: Pig Heaven Inn or the same level B,L

### DAY 7: Fri 20 Sep - Huangshan - Shanghai

Yoga in the morning, After lunch return to Shanghai by high-speed train. Overnight: Shanghai B,L



### DAY 8: Sat 21 Sep - Shanghai

After breakfast, you will visit Shanghai Museum. After lunch, free time. Overnight: Shanghai B,L

### DAY 9: Sun 22 Sep - Shanghai

After breakfast, enjoy a walk through Shanghai's old Chinese quarter to the Yu-Garden, the most beautiful garden in Shanghai. City God Temple of Shanghai, an important Taoist temple in Shanghai, was built in the Ming Dynasty Yongle, nearly six hundred years ago. Visit Nanjing Road; honored as "China's No. 1 Street", it has become an all-weather pedestrian arcade. Nanjing Road is the main shopping street of Shanghai, China, and is one of the world's busiest shopping streets. This evening, enjoy a dazzling display of spectacular agility as you attend a Chinese Acrobatic Show including round trip transfers. Overnight: Shanghai B,L

### DAY 10: Mon 23 Sep - Shanghai

After hotel breakfast, free leisure until transfer to airport

Tour ends

## INCLUSIONS

- 9 nights accommodation
- Meals as indicated in the itinerary
- All sightseeing activities, incl. entrance fees & local guides
- Fully escorted
- For full itinerary and terms & conditions, please visit website at [www.jhtours.com.au](http://www.jhtours.com.au)

## TOUR PRICE - LAND ONLY 10 days / 9 nights

\$ 3,890 per person twin share  
\$ 1,180 solo traveller

## EXCLUSIONS

- Airfares & taxes
- Anything of a personal nature
- Tours or activities outside the published itinerary
- Travel insurance
- Passport, visa fees & departure taxes
- Excess baggage
- Transfers outside the group transfers

## IMPORTANT NOTES

Prices are calculated on the basis of currently applicable tariffs. In the event of any change, our prices will be subject to change. Please refer to our terms and conditions at [www.jhtours.com.au](http://www.jhtours.com.au)